P.O. Box 451, Meredith, NH 03253

### Website: WWWPA.org

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## An Environmental Organization Protecting the Waukewan and Winona Watershed



Volume 8, Issue 5: Summer/Fall 2021 Newsletter Editor : Jamie Heminway

#### **Articles in this Issue**

- In Memory of David Reilly
- Loons of the Waukewan-Winona Watershed
- Maintaining Your Septic System to Protect Our Lakes
- Lake Host Programs on Winona and Waukewan

Photo by Tracey Pratt

### Update on Tree Cutting and the National Pesticide Information Drive, Meadow Drive, Overlook Herbicide Applications by New Center. According to the NPIC, Drive, Route 25B, and College Hampshire Electric

By Catherine Greenleaf

the spring and summer of 2021. to discourage stump growth once humans. several years.

phosphorous, which research has centerharbornh.org. At this date, To opt out of herbicide applicareach shallow groundwater in Road (Meredith), Chester Lane, alone.

Krenite S has demonstrated long- Road. New Hampshire Electric engaged ple's drinking water wells.

in a widespread tree-cutting cam- Aquatic ecosystems potentially at schedule along with pertinent paign in the Lakes Region during risk include water bodies such as contact information, a number of lakes, ponds, reservoirs, streams, lake homes are either vacant, un-NHEC announced it would hire a rivers and estuaries adjacent or occupied, being rented, or have third-party company to spray and downstream from the targeted no mailboxes. Be sure to do your paint tree stumps with several area. The research shows Krenite due diligence and stay in contact herbicides, which may include S can be toxic to aquatic animals, with your town offices and/or Krenite S (Fosamine Ammonium) pollinators, birds, mammals and NHEC for updates.

Unfortunately, Krenite S contains site, which can be accessed at of the process. silty and loamy soils, according to Ridge Berry Lane, Beaverside

term persistence in groundwater, While New Hampshire Electric is which can have an impact on peo- required to leave a notice at your home of the projected application

Did you know you have a legal tree cutting was completed. The The town of Center Harbor has right to refuse herbicide applicaapplication of herbicides will take provided information and maps of tion on your property? You can place over the course of the next the projected target areas for protect your property, the lake, herbicide application on its web- and the watershed, by opting out

shown can increase Cyanobacte- the streets in Center Harbor slat- tion, it is important to contact New ria blooms in lake water. In addi- ed for herbicide application pres- Hampshire Electric and to post a tion, Krenite S can be toxic to non-ently are Coe Hill Road, Butter-sign at both ends of your property target species and is likely to field Road, Old Center Harbor delineating the area you want left

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**2021 Waukewan Lake Host Program Update**By Anne Sayers

The 2021 lake host program on Waukewan went very smoothly, although there wasn't as much traffic from non-Waukewan boaters. We were pleased no invasive species were identified and that rainy weather kept the boat traffic down this year.

Because the town of Meredith donates money to the program, we do not need volunteer hours to offset it; however, our volunteers are dedicated to the program and convened one day for two-hour shifts on a weekly basis. We could do additional days next year if we were able to get more people to volunteer.



Photo by Sharon O'Donnell



Photo by Tracey Pratt

## Lake Winona Lake Host Program a Success in 2021

By Catherine Greenleaf

The Lake Winona Improvement Association (LWIA) hosted a successful Lake Host program this past summer.

Co-coordinators Kay Anderson and Catherine Greenleaf, both residents of Lake Winona and members of the LWIA, worked together to find and train a paid lake host and volunteers to inspect boats at the boat launch for invasive aquatic species from June until September of 2021.

The coordinators focused on providing weekend and holiday coverage, resulting in the inspection of over 150 boats.

The Lake Host Program, which is overseen by the New Hampshire Lakes Association, was designed to help identify, detect, and remove invasive aquatic species like Eurasian Milfoil and the Chinese Mystery Snail. These species can clog waterways, making swimming and boating difficult. They can also rob native aquatic animals of food resources.

These invasive species often arrive in the United States by hitchhiking on large shipping barges from other countries, and slowly making their way northward by attaching to boats used on New England lakes.

The Lake Winona Lake Host Program has been approved by the New Hampshire Lakes Association for another \$1,000 grant for next year.

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#### Loons of the Waukewan-Winona Watershed By Linda Heminway

As I write this, it is one day after we took our final boat cruise of the season on Lake Winona to determine that our two adult and two juvenile loons have migrated. This was the third such cruise conducted to determine that our loons have officially left. This time of year brings both relief and sadness: relief that they are safely on their way to non-freezing water, but also sadness, as this means another season for them has come to an end. I already miss their calls and my sightings of them. They are so special to us all. I know you all share these same feelings. We love our loons.

We had a good year on Winona, but the neighboring lakes in our watershed did not fare so well. Near the end of the season, I got a report from our Lakes Region Loon Biologist, Jayden Jech, that banded loons on both Waukewan and Hawkins Pond had not been presence causes stress and may contribute to the ed individuals may be at a different location, or reach out personally, contact Marine Patrol. son. But, our loon biologist, using a view scope, con-related to unknown predation. very last visit of the season.

vation Committee as these things are tracked, as well we listened carefully to suggestions from Sr. Bioloas the numbers of eggs, chicks, and survivors. In gist, John Cooley, to beef up nesting materials. Our fact, every single egg that is un-hatched is analyzed loons appeared more "secretive" this year, and we and kept. The future of loons in New Hampshire is were unable to determine if there were two eggs on under careful watch. In fact, more information about the nest until after the hatch of the first chick. We loons is kept in Moultonborough, NH than any other then observed that nesting continued and a second place in the world. We in the Lakes Region are chick hatched within two days. Our first hatch was blessed to have such a reference at our fingertips.

attempt at the beginning of the season due to an un- June 20. known nest failure. They then successfully re-nested Throughout the season, we had several attempts by with the individuals who may not be aware that their



Photo by Linda Heminway

confirmed as present in 2021. The previously band- loss of one of these precious birds. If you cannot

avoiding band re-sight. On Winona, our adult loons' The Hawkins Pond loons, unfortunately, had a nest bands were unconfirmed until very late in the sea- failure earlier in the season, with nest failure likely

firmed the bands on both the male and female on his On Winona, our efforts to increase nesting material and improve the nest raft were rewarded with two This is good information to report to the Loon Preser- eggs. Last year, the one egg on the nest was lost and Sunday, June 19 (the second-earliest hatch in the NH The Waukewan territorial pair had a failed nesting Lakes Region) and our second hatch was on Sunday,

to hatch one loon chick, which was later lost due to bald eagles to harass and capture the loon chicks. unknown causes. This loon chick was under high Our adult pair worked very hard to protect their stress from human disturbances, reports of eagle dis-young. The chicks quickly went from fuzzy little puffturbances, and intruding loons. We ask you to keep balls to juveniles. They learned to dive when their watch over our loons: be protective, and if you see parents called out. It seemed like every day that the anyone within 150 feet of chicks, especially, speak eagles came to the lake and attempted to capture (or

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Continued from previous page...

harass) the juveniles/chicks. Our adult pair handled The lack of success on Waukewan as well as Hawthis well and dramatically fought them off with lots of kins Pond is indicative of what many lakes have exwing action and loudness. The only thing those eagles left Winona with was fish this year. Bravo!



Photo by Jan Carney

thankfully.

lake water levels high, washing away several nests your continued support on behalf of our loons.

In Memory of David Reilly By Sharon O'Donnell

2021 after a long illness. He was a and its watershed. Preservation Committee and the He also enjoyed serving on the Home/The Boston Globe)

bor, New Hampshire who served attended Salem State University. WWWPA. on the town planning board. He He had a successful career work- (Some of the information in this was very active in the town of Cen- ing for the city of Somerville and article was provided by the obituter Harbor and supported the Loon then for the state of Massachusetts. ary printed via the Ashley Funeral

and eggs. Predators have taken eggs and chicks. perienced in New Hampshire. 2021 was a rough year for our feathered friends. We are pleased, at least, that Winona's two chicks grew and fully fledged. We hope our watershed has a much more prolific year in 2022 and beyond.

Next year, we shall continue our efforts to help the loons. If you see a loon that needs help, call the Loon Center at (603) 476-5666. Also, the Loon Center has a supply of non-lead fishing tackle, as does your local bait and tackle shop. Lead use in sinkers is the number one cause of loon deaths. It is so preventa-

I must personally thank my husband, Mark, for his strength and tireless efforts in floating the loon nest raft and warning signs. I also recognize Pam Hunt of Lake Winona for her constant effort and vigilance in keeping an eye on our loons and helping out wher-The juvenile eagles appeared later in the season and ever needed. I also recognize Jeanne Chute of they also hunted regularly on Winona. Bald eagles Winona for her amazing watchfulness and reporting have made an amazing comeback after near- of Loon issues. Jay Buckley is recognized for his efextinction, and hopefully our loons will do the same. forts to watch over our nest raft and asking people Yet, eagles are quite the hunters and loons are their who got a little too close to move on. He also contribnatural prey, though their preferred food is fish, uted some really great branch clippings that were used to improve our nest. Catherine Greenleaf is This year, according to Harry Vogel, Executive Di- appreciated for having signs made up for our incomrector of The Loon Preservation Committee, loons ing roads around the lake and for our boat launch. I have not had the most successful of years. The large am so proud of everyone who has contributed. There amounts of rain at the beginning of summer brought are others not named as well. Thank you so much for

Lakes Region Conservation Trust. board of directors for the battle-He also served on the Center Har- ship USS Massachusetts and battlebor Heritage Commission and the ship USS Cove in Fall River, Mas-David Reilly was a founding mem- Lake Winona Improvement Asso- sachusetts. He loved history! He ber and co-chair of WWWPA. He ciation. He was devoted to pre- was always there to volunteer his passed away peacefully at the age serving the environment and the help whenever he was called upon of 74 years on Saturday, June 26, beauty of the NH Lakes Region and gave unselfishly of his time to the causes he loved. He will be long-time resident of Center Har- He grew up in Massachusetts and missed by his colleagues here at

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Photo by Deb Corr

#### Maintaining Your Septic System to Protect the Lake

By Catherine Greenleaf

For those of us who love lakefront living, there is no better feeling in the world than watching our be- 4. loved children and grandchildren enjoy the water, be it swimming, boating or fishing.

But all of these fun activities can end up being banned on a lake that is fouled by unhealthy contaminants like septic seepage, resulting in extended periods of cyanobacteria blooms and/or high fecal col- 5. iform counts in the water. The most important thing you can do to ensure the health of your lake is to take great care with your septic system.

Some lakefront homeowners are under the impression that because their cottage or house is open for only six months of the year, septic inspection and pump-out can be delayed. This is a serious misconception and one of the biggest contributors to lake contamination.

A septic system needs to maintain a steady temperature inside the tank in order to function properly, Lastly, adequately maintaining your septic system according to septic experts, and this can only be ac- pays off in the long run. Consider the cost benefits. complished with a system that is used all year long. While a septic system costs less than \$400 to pump, Lake homes and cottages that are closed up for the the cost to replace a system can run in the area of winter have one of the highest incidences of mal- \$15,000 or more.

function. Timely inspections and pump-outs are criti-

Here are some tips to help you keep your septic system functioning optimally:

- Stay alert. There are several signs you may have a faulty septic system. These may include the odor of raw sewage near the lake house or vent pipe. You may notice very damp ground or wastewater pooling in the leach field or along the drainage pipes. You may also see watery effluvium running down to the lake or backing up in the sink, shower, or toilet (even temporarily) and then receding. All of the above signs are urgent and require immediate attention. Keep the phone number for your septic company close at hand.
- The salt discharged from water softeners can cause serious problems with a septic system. If your septic company reports the scum layer is abnormal, stop using it or switch to one of the new salt-free water softeners.
- 3. Avoid overcrowding of your cottage/house with guests or renters as this puts undue stress on your septic system and can cause it to malfunction. Rent a porta-potty for large family events.
- Have your septic system pumped and inspected every two to three years, at a minimum. Cesspools should be inspected and emptied every year. If you still use a cesspool, which is at very high risk for contaminating the lake, please consider replacing it with a modern septic system.
- Protect your leach field from damage due to compaction from vehicles and blocked pipes from the roots of trees and/or shrubs.
- 6. Septic systems can account for up to 12% of the phosphorus that reaches lake water. Avoid the use of phosphate-based detergents and soaps, which can contribute to harmful cyanobacteria blooms and algal overgrowth that reduces oxygen and causes the deaths of aquatic animals like fish. There are many phosphate-free products now available on the market.

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Photo by Tracey Pratt



Who's Been on the Beach? Some have guessed squirrel, chipmunk, or raccoon. We'll probably never know for certain, but it's fun to wonder!

Photo by Linda Heminway

# WWWPA Community Presentation: Harry Vogel

By Sharon O'Donnell

On August 11, 2021, the Waukewan and Winona Watershed Protective Association (WWWPA) presented its summer speaker lecture at the Meredith Community Center in Meredith, New Hampshire. Harry Vogel from the Loon Preservation Committee (LPC) gave a presentation about loons and their habitats.

The presentation was well-attended, advertised in the Laconia Daily Sun, and was open and free to the public. The Loon Preservation Committee is located in Moultonborough, New Hampshire and has the most comprehensive database regarding loon populations in the world. The LPC was created in 1975 in response to concerns about the dramatically declining loon population and the effects of human activities on loons. LPC is currently a leader among environmental organizations working to preserve the endangered species.

Harry Vogel has given presentations for WWWPA in the past and they have always been very well-attended by our members and the community at large. WWWPA has been supportive of LPC by contributing to the organization and continuing to be a LPC member. Thank you to Harry Vogel and all of those who attended the lecture.

## Who are the members of our board?

Interested in writing an article for our newsletter? Contact Sharon O'Donnell at info@wwwpa.org.

Sharon O'Donnell, Chair Lake Waukewan Linda Heminway, Secretary Lake Winona Deb Finch, Director Lake Waukewan Jeff Moody, Director Lake Waukewan

Bea Thibault, Vice Chair Lake Winona Lew Sayers, Treasurer Lake Waukewan Peter Tallman, Director Lake Waukewan Catherine Greenleaf, Director Lake Winona

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